



900M FROM ZOOODOO

712 Middle Tea Tree Rd, Richmond  
Tasmania, Australia, 7025

Phones: 0433 806 708 or 0400 077 492

Email: [admin@hobarthorseplay.com.au](mailto:admin@hobarthorseplay.com.au)

Website: [www.hobarthorseplay.com.au](http://www.hobarthorseplay.com.au)

## **Risk Assessment for Short, Led Trail Rides at Jeu de Cheval Hobart Horseplay**

**NB: Please do not enter the property if you are showing cold or flu symptoms, have been interstate in the last 14 days, or think you may have been in contact with a confirmed COVID-19 case**

***All Jeu de Cheval staff and volunteers have a current WWVP card***

### Required items to bring

- Long pants
- Enclosed shoes (preferably boots but sneakers ok for a once off)
- Water bottle
- Hat

### Upon entering the property

- Please observe speed limit and dogs prohibited sign
- Park in the assigned car park
- Take note of the large RIDE AT YOUR OWN RISK sign on the stables
- Please follow the signs to the office for sign in
- Please take note of the electric fence signs
- DO NOT ENTER any paddocks or areas other than the office

### Upon entry to the office

- Please observe the maximum capacity for the clubhouse and maintain social distancing at all times (a maximum of 20 people is allowed)
- Please use hand sanitiser provided upon arrival and leaving
- Please sign in and pay
- Please sign one of the horse riding waivers
- Ensure that staff are aware of any medical conditions, medications, allergies and an emergency contact number for the group
- Take note of the location of the first aid kit
- Staff will show participants where toilet is
- Staff will go over emergency procedures and meeting point in an emergency
- All participants will be taken for a helmet fitting by one of our staff - DO NOT ENTER the stable area if you do not have a helmet, enclosed pants and shoes on



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- Please use hand sanitiser after you have had your helmet fitting

#### Entry into the stables

- All participants will be allocated a volunteer or staff member, the ratio will be 1:1
- Staff will remind participants not to go behind horses
- Staff will remind participants not to scream, yell, or run around horses
- All horses will have a bucket of food

#### Grooming and Tacking Up - this is subject to time and will not always be provided

- Horses will be kept a minimum of 2 metres apart to allow safe movement between them
- Participants will be allocated their horse and a staff member will show them how to groom a horse, as well as move around the horse safely
- Participants will be taken by a staff member to collect their gear for riding the horse (saddle blanket, saddle, bridle - these are clearly labeled for each horse)
- Staff will assist the participants in tacking up their horse with this gear (with the exception of bridles, which are done by senior staff)
- Once horses are ready for riding, participants and staff will take the horses out to the area for mounting (keeping safe distance at all times)

#### Mounting and Riding

- Horses will be gear checked by at least 2 staff (one senior) before participants get on (this includes checking the girth, saddle position and bridle)
- Participants will be assisted to mount the horse at the mounting block (this is a 2:1 ratio with one staff member holding the horse and the other assisting the participant)
- Once the rider is on, the horse will be moved away from the mounting block so that stirrups can be adjusted to be the correct fit (still a 2:1 ratio)
- The horse and rider will be led into the arena by a staff member (now a 1:1 ratio)
- The rider will be led around the arena and some basic riding skills will be taught (stopping and steering the horse)

*Depending on numbers, this part of the process can take upwards of 15 minutes, and instruction will continue to be given during this time. A 1:1 ratio will be maintained until riders dismount.*



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- An instructor will enter the arena when all participants are on their horse and give a basic lesson. This will include stopping, steering, moving forward and standing up in the stirrups.
- The instructor will then ask if everyone feels comfortable to leave the arena. Those who do not feel comfortable are not required to come on the trail ride.

#### Short, led trail ride

- Horses and riders are led out of the arena (still with a 1:1 ratio) and taken on a trail ride around the property (this takes approximately 15 to 20 minutes)
- Safe distancing is kept between horses at all times (approximately one horse-length), with staff maintaining control of the horse from the ground
- The horses are kept in a single file line for the duration of the ride and there are allocated areas for stopping and checking distance
- Non-riding participants are welcome to walk alongside the horses and riders following direction from staff on how to do so safely

#### Return to the arena

- All horses will re-enter the area with their riders still on board
- Horses will complete several laps of the arena until all have returned safely

#### Dismount

- Staff will take horses to a safe spot in the arena and ask the horses to halt (maintaining distance so that riders can safely dismount)
- Riders be asked to remove their feet from the stirrups and do some circles with their ankles in order to re-establish blood flow (so that they don't fall when their weight is taken by their legs)
- Riders will be shown how to dismount and asked to do so by their staff member (this may be a 2:1 ratio if riders feel uncomfortable doing so)

#### Return to stables and un gearing

- Participants will assist staff in taking their horse back to the stable and tie it up with a bucket of food



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- Staff will assist participants in taking the gear off the horse and putting it away in the clearly labelled area
- Staff will assist participants in grooming their horse

#### Return to office

- Once interaction with horses has ceased, participants will be taken by a staff member to take off their helmet (and these will be disinfected)
- Participants will be directed to wash their hands
- Participants will be asked for feedback by a senior staff member and any issues will be addressed immediately
- Please ensure that participants go directly to their car

*Please note that whilst all precautions are taken to minimise risk to participants, horses and staff, horse riding is deemed a high risk activity.*